

Have you known God's strength

when you felt your weakest?

Have you been hungry for God's truth since the beginning?

Have you heard the winds move within creation and sensed God's presence?

Have you understood, but still dwelled within the mystery of God?

Have you been faint and the Lord brought endurance?

Have you in your fragility felt the Lord's power?

Have you been made powerless and the Lord restored your might?

Have you been stressed and the Lord eased your weary mind?

Have you felt an absence of the Lord, only to find it was more about God's timing than yours?

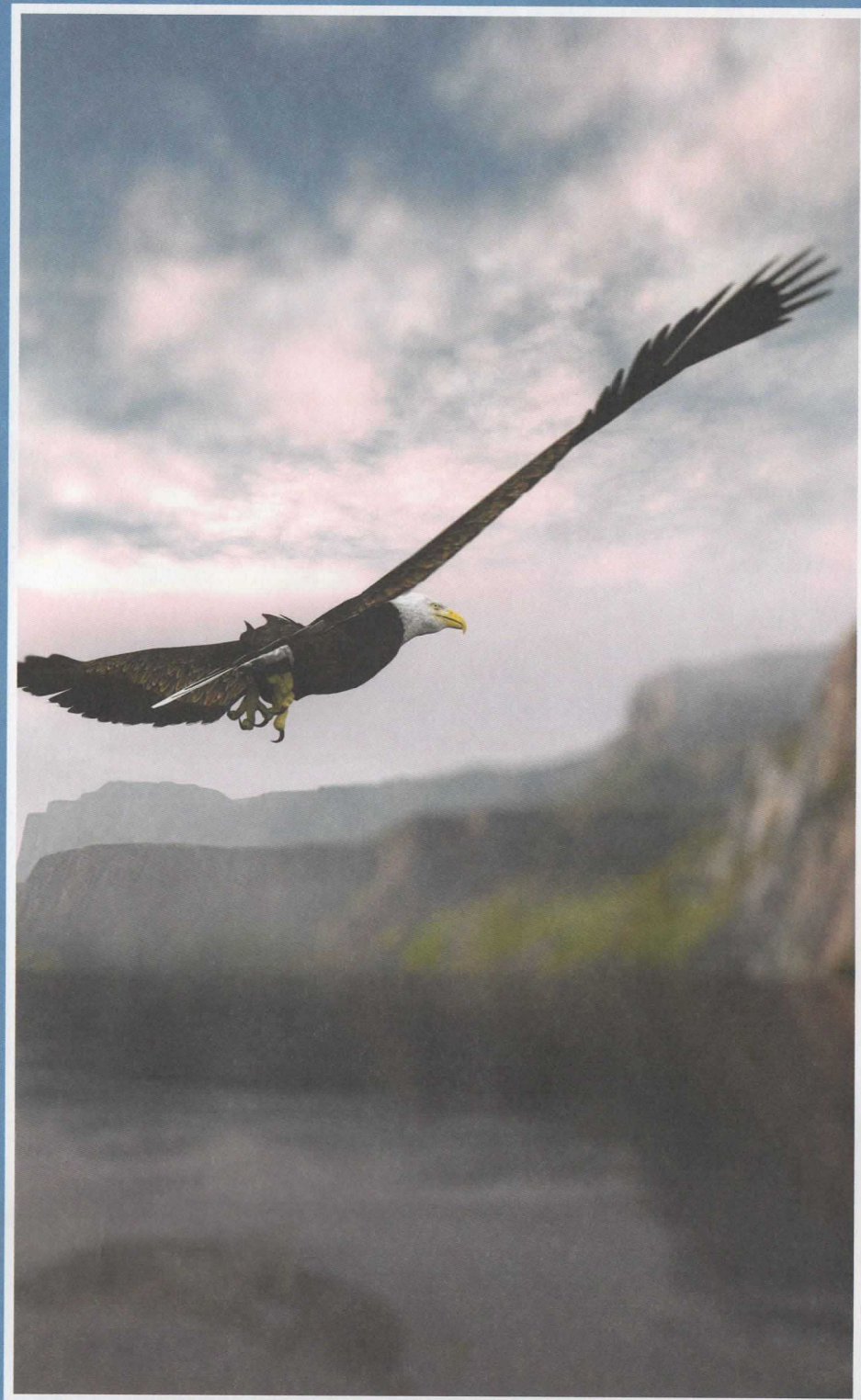
Have you desperately waited for God, and been lifted up to soar on wings?

Run life's race and not become weary? Walked a difficult line and not become faint?

Do you continue to seek God's abiding strength and power?

I pray you have.

Jessica Foy is an MDiv student at Knox College in Toronto, ON, and has a passion for youth ministry.



MacNab Street Presbyterian Church

February 8, 2015 – 5th Sunday after Epiphany

GATHERING

**Those who are able, please stand*

PRELUDE

* ENTRY OF THE WORD

CALL TO WORSHIP (from Psalm 145) Elder, Diane Hopkins

The Lord is gracious and merciful,
slow to anger and abounding in steadfast love.
The Lord is faithful in all his words,
and gracious in all his deeds.
The Lord is near to all who call on him,
to all who call upon him in truth.
Let us draw near to the One who draws near to us.
Let us worship God.

*PRAISE As pants the hart (psalm 42) Hymn #26

CALL TO CONFESSION

PRAYER OF CONFESSION

Gracious God, we come in joyful expectancy to meet you, but sometimes as we wait, we become impatient, even angry, as if you were not going to come at all. We come for good news, but often, our minds are burdened with torrents of bad news, and we stop believing there could be good news. We come seeking your strength for our journey, but sometimes in haste we push on in our own strength. We come for your healing, but sometimes we hold on to our wounds and infirmities. We come for your grace, but pride in us resists your gift beyond words. Truthful God, here and now, show us ways we resist you, hurt our neighbours, and diminish ourselves. In the silence, we open our hearts and our lives to you . . .

THE LORD'S PRAYER (debts, debtors)

ASSURANCE OF PARDON

* GLORIA Hymn #298

**Glory be to God the Father, glory be to God the Son,
Glory be to God the Spirit, God almighty, Three-in-One!
Glory, glory, glory, glory, while eternal ages run.**

*THE PEACE

Minister: The peace of the Lord Jesus Christ be with you all.

People: **And also with you.**

With one another: The Peace of Christ.

WE PROCLAIM GOD'S WORD

*PRAISE God, who made the earth Hymn #705

WORD in Conversation (Children's Time)

HEBREW SCRIPTURE: Isaiah 40:21-31 (p. 741 OT) Amanda Joubert

PSALTER Psalm 147:1-11 (Refrain 2) Diane Hopkins

GOSPEL Mark 1:29-39 (p.36 NT)

ANTHEM Psalm 42 As The Deer Longs (Genevan)

SERMON "Those who wait for the Lord" Rev. John Duff

WE RESPOND TO GOD'S WORD

*PRAISE Arise, your light is come Hymn #712

PRAYER OF THANKSGIVING AND INTERCESSION

PRESENTATION OF OUR GIFTS AND OFFERINGS

OFFERTORY MUSIC

*DOXOLOGY

All: **Praise God from whom all blessings flow;
Praise him all creatures here below;
Praise him above, ye heavenly host;
Praise Father, Son and Holy Ghost.**

PRAYER OF DEDICATION

LIFE AND WORK OF THE CONGREGATION

Diane Hopkins

*PRAISE Sing praise to God who reigns above Hymn #327

*BENEDICTION & THREE-FOLD AMEN

POSTLUDE *(please remain seated)*

WELCOME TO MACNAB

We extend a warm welcome to all our visitors this morning.

Special thanks to Rev. John Duff for leading the worship service today.

MacNab is a child friendly church. The Church School is located in the Parlour (through the front door in the Sanctuary – lectern side- and to your right) Children who wish to stay with their parents for the church service will find colouring materials in the Narthex (entrance)

Hearing assistance is also available. Ushers will be happy to assist with any questions.

FROM THE INTERIM MODERATOR: The Search Committee carries on with its important work. While it continues to receive and review new profiles, it is also preparing for some pending interviews. Committee members have been busy with "field visits". I am thankful for all those who planned, led, and helped out in the celebratory farewell to interim minister Cathy. It is important that we all work together to support the legacy she has left as MacNab St. church moves forward. Bob

ASSISTING US TODAY:

Church School Irene Duffey

Greeters Brad and Gen McIntyre

Ushers: Jim Myers, Myrtle Inwood

Claire Salmon, Myrna Cumberbatch

Reader: Amanda Joubert

Coffee Servers Doug & Nancy Coutts, Josephine Patterson

Duty Elder: Diane Hopkins

ASSISTING US NEXT WEEK

Church School Lynda Milmine

Greeters:

Ushers: Alex Abraham, Lila Stanfield, Doug & Nancy Coutts

Reader: Bob Cameron

Coffee Servers: Bill & Maureen Wright, Bob & Marion Cameron

Duty Elder: Ken Hopkins

PLEASE PRAY FOR:

- ❖ Ena McCullough in St. Joseph's Hospital recovering from a fall
- ❖ Shirley Humphries in St Joseph's Hospital
- ❖ Ethel Pfander in St Peter's Hospital
- ❖ Don & Carole MacVicar's Inner City Ministry
- ❖ All who are grieving, facing health uncertainties, lonely or jobless

PRAYER CONCERNS: please note the new (purple cover) notebook in the narthex where prayer concerns can be entered before the service. The minister will extract the page just before 10:30 and include concerns in the Prayers that day. If you wish your concern to be passed on to the Prayer Group, please add an * beside your concern. It is sometimes good to put your own name beside the concern (so the minister or Prayer Group can follow up).

SCHEDULE OF WEEKLY BIBLE TEXTS AVAILABLE IN THE NARTHEX

For February 15: 2 Kings 5:1-14; Psalm 30; 1 Corinthians 9:24-27
Mark 1:40-45; 2 Kings 2:1-12; Psalm 50:1-6;
2 Corinthians 4:3-6; Mark 9:2-9

OFFICE HOURS:

Monday, Tuesday, Wednesday 8:30am-12:30pm

THIS WEEK AT MACNAB:

Mon	Feb 9	4:00pm	Out of the Cold-Johnston Hall
		7:00pm	Maintenance Committee-Parlour
		7:00pm	Congregational Life-Choir Room
		7:45pm	RSCD – Johnston Hall
		7-8:30pm	Over-comers-Church House
Wed	Feb 11	7:30pm	RSCD- Johnston Hall
Thur	Feb 12	1:30pm	RSCD-Johnston Hall
		7:30pm	Choir Practice-Sanctuary
Sat	Feb 14	4:00pm	Out of the Cold-Johnston Hall
Sun	Feb 15	10:30am	Worship with Rev. Bob Geddes
		3:00pm	“Shout in the House” Praise Band

LOOKING AHEAD

Tues	Feb 17	10:30am	Prayer Group with Mina Beatt
		12 Noon	31st Anniversary of Friendly Circle
			brown bag lunch-coffee, tea and cake provided
			Guest Speaker: Barry Betzner on the Historical Room
			Please bring toothpaste and/or toothbrush for the needy
Sun	Feb 22	10:30am	Lent 1
			Worship with Rev. John Duff
			Annual Meeting to follow worship-Brown bag lunch

Report from Session

- Plan to upgrade the heating system was approved and it was agreed to petition Presbytery to use “Manse Fund” as the source of the capital.
- In response to a plea from Carol and Don McVicar MacNab will assume trusteeship for the Inner City Outreach Mission until it obtains its own charity registration. David Milmine, Rick Rutherford and Marilyn Repchuck were appointed as a committee to oversee its transition
- MacNab will again share joint services with St. Paul’s in Easter week (MacNab hosting Maundy Thursday and St. Paul’s Good Friday)
- MacNab and St. Paul’s have agreed to share summer services
- May 3rd will be our Anniversary Sunday and Rev. Mavis Currie has agreed to be our guest minister
- Session wishes to thank all those who worked so effectively to make Heather Johnston’s memorial service so meaningful
- The Annual Congregational Meeting will be February 22nd and it will be a “brown bag” luncheon

STEWARDSHIP MOMENT – FEBRUARY 8, 2015

Whoever loves money never has money enough; whoever loves wealth is never satisfied with his income
Ecclesiastes 5:10a NIV

PSALM 147:1-11 – REFRAIN #2

Praise the Lord, who heals the broken hearted.

Praise the Lord!

**How good it is to sing praises to our God,
the Lord is gracious, and a song of praise is fitting.**

The Lord builds up Jerusalem,
and gathers the outcasts of Israel.
**The Lord heals the brokenhearted,
and binds up their wounds.**

The Lord determines the number of the stars,
and gives to all of them their names.
**Great is our Lord, and abundant in power,
whose understanding is beyond measure.**

The Lord lifts up the downtrodden,
but casts the wicked to the ground. R

Sing to the Lord with thanksgiving;
make melody to our God on the lyre.

The Lord covers the heavens with clouds,
prepares rain for the earth,
makes grass grow on the hills.
**The Lord gives to the animals their food,
and to the young ravens when they cry.**

The lord takes to delight in the strength of the horse,
nor pleasure in the speed of a runner;
**but the Lord delights in those who show reverence,
In those who hope in God's steadfast love.** R